19th Annual Diabetes Update

John H. Ammon
Medical Education Center
Christiana Hospital Campus
Newark, Delaware

Saturday, March 14, 2015
8 a.m. – 3:40 p.m.
Registration begins at 7:15 a.m.

Videoconferencing will be available at the Delaware Technical & Community College Owens Campus, Georgetown, Delaware through the sponsorship of the Delaware Diabetes Coalition. – See registration for details
ACCREDITATION: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of MEDICUSCME and Christiana Care Health System. MEDICUSCME is accredited by the ACCME to provide continuing medical education for physicians.

DESIGNATION: MEDICUSCME designates this live activity for a maximum of 6.5 AMA PRA Category 1 credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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OVERVIEW
This 19th Annual Diabetes Update is a day long educational opportunity designed to provide an update on diabetes and diabetes related co-morbidities, and to meet identified needs of diabetes clinicians in this area. The objective of this symposium is to expose participants to the magnitude of the diabetes problem in America, and to present intervention strategies and treatment options that health care professionals and employers can utilize to improve the health of their patients and employees.

TARGET AUDIENCE
This course is intended for endocrinologists, ophthalmologists, internal medicine and primary care physicians, as well as nurses and nurse practitioners, scientists, dietitians, physician assistants, and other health care professionals.

LEARNER OBJECTIVES
At the conclusion of this activity, participants will be better able to:

1. Explain the increase in disparities in diabetes care delivery and assist members of disadvantaged groups in the management of their condition.
2. Differentiate newly recognized causes of damage to the beta-cell suggesting a new classification of diabetes.
3. Apply this etiologic construct to show how current medications fit in treating hyperglycemia.
4. Describe the benefits of insulin pump therapy and continuous glucose monitoring systems.
5. Evaluate the clinical functionality, safety, and pharmacodynamics of disposable insulin delivery in adult patients with Type 2 diabetes.
6. Analyze evidence comparing constant basal infusion rate, supplemented with prandial insulin, to a single daily dose of a long-acting insulin.
7. Name three different weight loss regimens to offer obese patients.
8. Describe the dynamic interplay between obesity and insulin resistance with pathogenesis of Type 2 diabetes.
9. Describe the etiopathogenesis of diabetes complications affecting the foot.
10. Intervene appropriately to prevent and treat diabetes foot complications.

7:15 a.m. Registration and Continental Breakfast
8 a.m. Introduction
M. James Lenhard, M.D.
Section Chief, Endocrinology
Christiana Care Health System
Clinical Assistant Professor of Medicine
Jefferson Medical College,
Thomas Jefferson University, Philadelphia, PA

8:10 a.m. Disparities in Diabetes Care Delivery
Leela Thomas, MSW, Ph.D.
Associate Professor, Delaware State University
Dover, DE

8:55 a.m. New Diabetes Therapeutics: What are the Risks?
Jason L. Gaglia, M.D., M.M.Sc.
Assistant Investigator, Section of Immunobiology
Joslin Diabetes Center
Staff Physician, Joslin Clinic and Harvard Vanguard Medical Associates
Assistant Professor of Medicine,
Harvard Medical School, Boston, MA

9:40 a.m. Medicare and Diabetes
Janae Aglio
Assistant Director
Delaware Medicare Assistance Bureau (DMAB)
Delaware Insurance Commissioner’s Office
Dover, DE
10 a.m.  The Foot in Diabetes
R. Harsha Rao, M.D., FRCP
Professor of Medicine
Program Director, EDM Fellowship Training Program
Division of Endocrinology & Metabolism
University of Pittsburgh School of Medicine. Pittsburgh PA

10:45 a.m.  Break

11:05 a.m.  Faculty Panel: Diabetes and Poverty
Bernardine Henderson, MS, FNP-C, CDE, Moderator
Wilmington Veteran’s Administration Medical Center
Wilmington, DE

Janae Aglio
Assistant Director
Delaware Medicare Assistance Bureau (DMAB)
Delaware Insurance Commissioner’s Office, Dover, DE

Anthony J. Cannon, M.D., FACE
Sleep & Wellness Medical Associates, Hamilton, NJ

Karen Molins, MSW
Social Worker
Christiana Care Health System. Newark, DE

Barbara A. Willey, RN, MSN, CDE
Associate Chief Nurse
Wilmington Veteran’s Administration Medical Center
Wilmington, DE

11:55 a.m.  Lunch

12:30 p.m.  Diagnosing Diabetes in Adults: Type 1, LADA, Type 2 . . .
or, Isn’t It Time for a New Classification?
Stanley S. Schwartz, M.D., FACP, FACE
Associate Professor of Medicine-Emeritus
University of Pennsylvania
Private Medical Practice, Ardmore, PA

1:15 p.m.  Lesson from DPP and Lookahead:
Implications for African Americans
Anthony J. Cannon, M.D., FACE
Sleep & Wellness Medical Associates
Hamilton, NJ

2 p.m.  Traditional and Disposable Insulin Delivery
Cheryl R. Rosenfeld, D.O., FACE, FACP
Adjunct Clinical Assistant and Professor of Medicine
Touro College of Osteopathic Medicine, New York, NY

2:45 p.m.  Break

2:55 p.m.  Traditional and Disposable Insulin Delivery
Cheryl R. Rosenfeld, D.O., FACE, FACP
Adjunct Clinical Assistant and Professor of Medicine
Touro College of Osteopathic Medicine, New York, NY

3:40 p.m.  Conclusion and Adjournment

Videoconferencing made possible by the Delaware Diabetes Coalition.
PLANNING COMMITTEE

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